

Biodynamics is a holistic practice which includes cosmic and earthly influences, enhancing the microbial life in the soil.

Healthy soil grows healthy plants and food, keeping animals and people healthy.



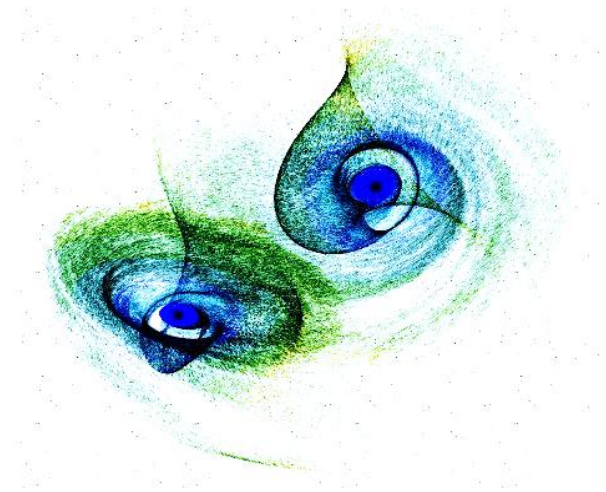
## Biodynamic Agriculture Agriculture of the Future

RULDOLF STEINER (1861-1925) called his spiritual philosophy "anthroposophy", meaning "wisdom of the human being". From his investigations Steiner provided suggestions for the renewal of many activities, including agriculture, education, medicine, economics, architecture, science, philosophy, religion and the arts.

Steiner gave the agricultural lectures in 1924, when industrial farming was on the rise and farmers approached him with their concerns about these new methods. With his lectures "biodynamic" farming was launched. This farming practice treats the Earth as a living, integrated organism. It is a complete ecological, self-nourishing system which is already successfully applied in large scale acreage farming or in the backyard in growing fruit, vegetables and healthy fodder.

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